

Multi-Activity 1 Day College Programme

(Sailing, Powerboating & Sea Kayaking)

Arriving	Session 1 0915-1100	Session 2 1100-1245	Lunch	Session 3 1330-1500	Depart	Comments & Costs
By ferry to the Island	Sailing	Powerboating		Sea Kayaking	By ferry	Activities and timings can change to suit. £55.00 per person includes a hot lunch.



Multi-Activity 2 Day College Programme

(Sailing, Powerboating, Windsurfing & Sea Kayaking)

	Break-fast	Morning 0915-1215	Lunch	Afternoon 1330-1630	Dinner	Comments & Costs
Day 1		Introductions to the centre Sailing session		Powerboating		Activities & timings can change to suit. £150.00 per person includes 4 half day activities, 2 x lunches, 1 x dinner and 1 nights Bed & Breakfast.
Day 2		Windsurfing		Sea Kayaking		

Cumbrae will supply all specialist equipment, logbooks and lecture materials. We will work with you to achieve the correct blend of activities, course work and free time.

For further information please feel free to call or email our office:

01475 530 757

cumbraecentre@sportscotland.org.uk

